

The Trainers



Andrea Wigglesworth M.Sc. in Advanced Counselling Practice, Dip Sup, COSCA Trainer and Imago Therapist. Andrea is the Director of the Wellness Centre in Ballerno, outside Edinburgh, which offers Counselling, Psychotherapy and Coaching to the community. Andrea is a gifted teacher and offers a psychodynamic perspective to the course.



Vicky McEvoy B.Th., H. Dip in Ad. Ed. Dip Couns. Dip Sup, Imago Therapist. Vicky has been the Manager of Oasis Counselling Service for the past 14 years and is an IACP Supervisor and Counsellor. Vicky has been working with Couples for many years and has lots of practical insights into working with them

Both trainers have been working with Couples for many years and offer a practical approach to the training.

Each day has a mix of didactic teaching with powerpoint and media presentations, group experiential exercises, small group discussion and practice of skills.

Down load extra booking forms at www.oasiscounselling.net under training

Booking form:

Name: _____ phone: _____

Address _____

Email: _____

CHEQUES PAYABLE TO "APHESIS ASSOCIATES" please

Payment for days 1 £105 Occupation _____

Vital ConneXions

Certificate in Couple Counselling BELFAST



Vital ConneXions

1 Drumfinn Park,
Ballyfermot
Dublin 10



Course Content:

- Day 1 "Connection"
- Theological and Psychological Assumptions
 - Intentionality and Presence-ing
 - • Limbic Resonance
 - Crossing the Bridge to connection
- Day 2 "Deepening"
- Discovering the story of our partner
 - Transforming Conflict into Connection
 - Closing the leaks and re-routing the energy
 - Desiring and requesting
- Day 3 " The Seven Principles For Making Marriage Work"
1. Enhance Your Love Maps
 2. Nurture Fondness and Admiration
 3. Turning Towards Each Other Instead of Away
- Day 4 Two Kinds of Marital Conflict
4. Let Your Partner Influence You
 5. Solve Your Solvable Problems
 6. Exploring Your Unsolvable Problems
 7. Overcoming Gridlock
- Day 5 Attachment Styles In Marriage
- Recognising Demon Dialogues
 - Finding Raw Spots
 - Revisiting a Rocky Moment
- Day 7 Hold Me Tight
- Engaging and Connecting
 - Forgiving Injuries
 - Bonding Through Sex and Touch
- Day 8 The Healing Relationship
- Getting The Love You Want
 - Conscious/Unconscious Marriage
 - Childhood Wounds
- Day 9 Working with Power Struggles
- Neuro science and Marriage
 - Expressing Frustrations
 - Surprises and plans for change
- Day 10 Sex, Love and Intimate Relationships

Course Dates 2010-2011

Venue - The Culloden Hotel, Bangor Road, Belfast
Certificate in Couple Counselling (Integrative approach)

Day 1: Thursday 30th September 2010

Day 2: Thursday 4th November

Day 3: Thursday 9th December

Day 4: Thursday 13th January 2011

Day 5: Thursday 3rd February

Day 6: Thursday 17th March

Day 7: Thursday 31st April

Day 8: Thursday 5th May

Day 9 Thursday 9th June

Cost: £105 per day (£945 for full course), This course is suitable for Counsellors, Psychologists, Pastors and Pastoral Care teams and couples. Attendance at all modules plus assignments will allow students to receive a Certificate in Couple Counselling (COSCA validated). Attendance at individual days is also possible. Tea and coffee is provided and lunch can be purchased at the hotel.