

# Certificate in Supervision

## The Trainers



Vicky McEvoy B.Th., H. Dip in Ad. Ed. Dip Couns. Dip Sup, Imago Therapist. Vicky has been the Manager of Oasis Counselling Service for the past 14 years and is an IACP Supervisor and Counsellor. Vicky has been training Supervisors and Counsellors for the past 10 years and has lots of practical experience to share, as well as teaching the Core Cyclical Model (Page and Woskett)



Andrea Wigglesworth M.Sc. H Dip Couns, Dip Sup, COSCA Trainer and Imago Therapist. Andrea is the Director of the Wellness Centre in Ballerno, outside Edinburgh, which offers Counselling, Psychotherapy and Coaching to the community. Andrea is a gifted teacher and offers a psychodynamic perspective to the course.



Claire Missen is an MIACP Counsellor, Supervisor and experienced Trainer. Claire worked in MRCS as a Trainer and Counsellor for many years and is now in Private Practice. Claire offers input into the Process model and Group supervision on the course, as well as many insights drawn from years of experience.



### Vital ConneXions

1, Drumfinn Park  
Ballyfermot  
Dublin 10

### Phone

01 6268519

[www.oasiscounselling.net](http://www.oasiscounselling.net)

Early bird  
Book before 20th May for  
discount of €200

# Course Dates 2010-2011

Oasis Counselling Service, Ballyfermot  
1, Drumfinn Park,  
Ballyfermot,  
Dublin 10 Phone - 01 6268519

## ***Certificate in Counsellor Supervision (Integrative)***

Module 1-2: CYCLICAL MODEL – Wed June 30<sup>th</sup> – Sat 3<sup>rd</sup> July  
2010 four full days from 9.30 - 5.30 daily

Module 3: PROCESS MODEL –Thurs 26<sup>th</sup> – Fri 27<sup>th</sup> August 2010

Module 4: REFLECTIVE PRACTICE Thurs 28<sup>th</sup> and Fri 29<sup>th</sup>  
October 2010

Module 5: CREATIVE TECHNIQUES – Thurs 27<sup>th</sup> and Fri 28<sup>th</sup>  
Jan 2011

Module 6: GROUP SUPERVISION – Thurs 28<sup>th</sup> and Fri 29<sup>th</sup> April  
2011

Module 7: FINAL ASSESSMENTS Thurs 12<sup>th</sup> and Fri 13<sup>th</sup> May  
2011

**Cost: €2,500** If you are interested in this course please send a Deposit of €100 to Oasis **with your CV, your experience as a Counsellor and your reasons for wishing to do this course.** Interviews will be held for places in May and places allocated by 1st June 2010.

# Course Content:

Module 1 and 2 will offer a thorough examination of the Core Model which is the Cyclical Model of Supervision (Page and Woskett). In these first 4 days, we will look at :

**Contracting** in Supervision,

How to help Supervisees to **Focus** on the most relevant parts of their work, **space** - opening up an exploration of the clinical work, **bridging** it back into the real world the importance of **reviewing**, evaluating and assessing

Modules 3 and 4 will introduce and integrate the Process Model (Hawkins and Shohet). Time will be given to look at parallel process, the dynamics of the relationship and how to become a reflective practitioner.

Module 5 will look at creative techniques in Supervision, including the use of role play, psychodrama, the use of stones and sand and art to help unearth new learning and awareness. Ethical Dilemmas will also be explored in this module.

Module 6 will look at Group Supervision and the dynamics of working with a Group as well as the vital extra aspects that need to be considered when working with a group of Supervisees.

Module 7 will focus on the final assessments on the course which will allow students to celebrate their learning and show their dvd's and demonstrate their skills.

AS THIS COURSE IS DESIGNED TO MEET THE NEW CRITERIA FOR IACP, THERE WILL BE SEVERAL ASSIGNMENTS INCLUDING - A CASE STUDY, JOURNALLING, 2 ESSAYS and a DVD recording with a critique.