



Andrea Wigglesworth
(M.Sc., H Dip Couns,
Dip Sup., COSCA
Trainer)
Andrea has been
planting Counselling
Centres in Scotland
for over ten years and
currently works as the
Director of the Life
and Soul Wellness
Centre in Edinburgh



Vicky McEvoy (B.Th., H Dip in Ad Ed., Dip Couns. Dip
Sup MIACP, COSCA Trainer)
Vicky is the Manager of Oasis Counselling Service in Dub-
lin and has been training Counsellors for over 10 years.

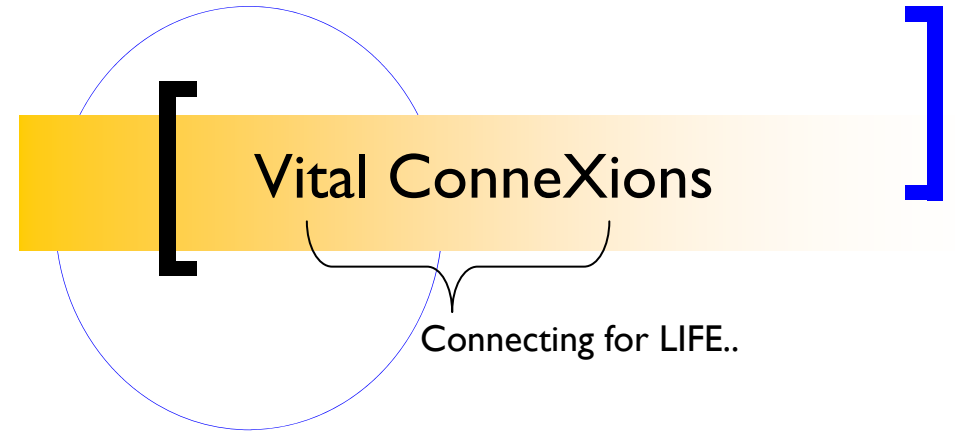
Vital Connexions (formerly Aphesis Associates) has been de-
livering training in Ireland, Scotland and beyond for over 11
years.

Andrea and Vicky deliver a Level 1 IACC Recognised Course
called "Listening with the Heart" 50 hours, a 2 year Diploma
in Christian Counselling (every 2 years) from which stu-
dents can apply to do the final 2 years of a 4 year a B.Sc in
Counselling with Middlesex University through PCI College
Dublin.

The Core Tutors are assisted by a team of experienced In-
terns who help with teaching, triad work and marking.

Vital Connexions have a vision to train workers in Africa,
Asia and South America to empower them in their local
situations.

Please download a copy of the Listening with the Heart or
Diploma Application Form from www.oasiscounselling.net
or phone:
Oasis at Dublin 6268519



DIPLOMA IN CHRISTIAN COUNSELLING

Oct 2009—2011

DUBLIN



www.oasiscounselling.net

Leading to a B.Sc in Counselling with Middlesex University
through PCI College , Dublin

DIPLOMA IN CHRISTIAN COUNSELLING

Applicants for the Diploma Course must have completed the Aphasis Foundation in Christian Counselling Course or an equivalent course. 100 hours

Suitable applicants will be interviewed by 2 Core Staff and assessed on the following criteria:

- Self awareness, maturity and stability
- Ability to make use of and reflect on life experience
- Capacity to cope with the emotional demands of the course
- Experience in personal development or group work
- Potential to form a client/counsellor relationship
- Ability to be self aware and give and receive constructive feedback
- Potential for further development
- Some awareness of the nature of prejudice and oppression
- A genuine interest in the Christian Philosophy underlying a Christian modality of Counselling.

COST—€2,800 for Year 1. To be paid in full by 1st October 2009
€2,800 for Year 2. To be paid in full before commencement of Yr 2.

COURSE CONTENT:

YEAR 1 (2009-10) —225 hours tutor contact—10 weekends and a residential summer school. Each weekend will consist of a full day Friday from 10.00—6.00pm, and Saturday 9.30—5.30 at the Elim Centre, Drumfinn Road, Ballyfermot. The Residential School will be held in summer 2009 (*Summer School Accommodation & Meals extra.*)

Proposed Schedule. Year 1 October to August

Modules 1—3 Core Aphasis Christian Model (Oct, Nov, Dec)

Modules 4 & 5—Person Centred Counselling (Jan, Feb)

Module 6 & 7 —Psychodynamic Counselling (March, April)

Module 8—Cognitive Behavioural Counselling (May)

Module 9—Practice Issues Supervision and Ethics (June)

Module 10— Dream school (July) Practice readiness interviews

Summer School — Creative Therapies and Specialist subjects inc loss, coping with negative emotions, therapeutic use of laughter, (Aug 2010)

Students are required to attend 90% of classes. Each weekend will include interesting lectures, personal and spiritual development, group work and counselling practice.

YEAR 2 (2010-11) Dates not yet confirmed

Module 1— Integrative model and suicide (Oct)

Module 2— Abnormal psychology Anxiety (Nov)

Module 3—Sexuality (Dec)

Module 4—Sexual Abuse (Jan)

Module 5—Depression and anger (Feb)

Module 6—Working with Couples (March)

Module 7 —Creativity and working with young people (April)

Module 8—Trauma and recovery Addictions

Module 9—Gender and difference

Residential School—Family Therapy, creative techniques, TA, Stress, music therapy.

(August 2011)

All students will be required to do 100 hours of logged supervised practice following a practice readiness interview. Costs of supervision are additional to the course fees. 1:8 All students are required to do 50 hours of personal therapy with an IACP Counsellor which is also an additional cost.

There is a careful balance between theory, self awareness and practice with triad work in each module. The Course is designed to meet IACP Course Recognition Standards and is fully recognised by COSCA and the IACC.

Course requirements:

1. 450 hours of training (tutor contact) over 2 years part time to include theory, skills and personal awareness.
2. Punctuality and attendance 90%
3. Practice readiness interview with Core staff late in year 1.
4. 100 hours of counselling practice under supervision (1:8) to be done in a suitable counselling centre after the first year.
5. Personal development group work (self awareness)
6. Supervision Group work
7. 6 substantial written assignments to include: One Group project, monthly journal submissions, Continuous assessment, tutorials, Course reading from book list, Regular attendance at Supervision (with Aphasis approved supervisor in Year 2) 1 Case history (3,000). Regular process recording of client work.
8. 50 hours personal therapy
9. Adherence to the IACP Code of Ethics and Practice
10. Regular community meetings for feedback with peers and tutors.
11. Video presentation of student's work

Students are expected to demonstrate warmth, understanding, common sense, flexibility and boundary maintenance during the course at all times.